

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 9:00AM CHURCH SERVICE ON YOUTUBE OR IN PERSON	2 8:00AM BREAKFAST 10:00 AM FITNESS 10:30AM TABLE ACTIVITIES 12:00PM LUNCH 2:00PM SNACK 2:30PM OUTSIDE WALKS 3:45PM MUSIC THERAPY 5:00PM DINNER	3 8:00AM BREAKFAST 10:00AM STRETCH FITNESS 11:00am BRAIN PUZZLED 12:00 PM Lunch 2:00 PM Snack 3:30 PM Rest & Relax 3:30 PM Outside Walks 5:00 PM Dinner	4 8:00AM BREAKFAST 10:00AM FITNESS 10:30AM Pictionary 12:00PM LUNCH 2:00PM PAINTING CLASS/SNACK 3:00PM OUTSIDE STROLL 5:00PM DINNER	5 8:00AM BREAKFAST 9:00AM SERVICE WITH PASTOR ANDY 10:00AM STRETCH FITNESS 11:00AM "THE TIME I..." 12:00PM LUNCH 4:00PM OUTSIDE STROLL 5:00PM DINNER	6 8:00AM BREAKFAST 9:00AM PAMPER DAY 10:30 AM Table Activities 12:00 PM Lunch 2:00 PM Snack 2:30 PM Ball Toss 4:00 PM Music Therapy 5:00 PM Dinner	7 8:00am Breakfast 10:00am Outside Stroll 11:00am Pamper Day 12:00pm Lunch/ KENTUCKY DERBY 1:00pm Rest and Relax 3:30pm HAPPY HOUR WITH JACK 5:00pm Dinner		
8 9:00AM CHURCH SERVICE ON YOUTUBE OR IN PERSON ***MOTHER'S DAY BREAKFAST*** Mother's Day	9 8:00AM BREAKFAST 10:00AM FITNESS 10:30AM TABLE ACTIVITIES 12:00 LUNCH 2:00PM SNACK 2:30PM OUTSIDE WALKS 3:45PM SING A LONG 5:00PM DINNER	10 8:00AM BREAKFAST 10:00AM STRETCH FITNESS 11:00AM SING A LONG 12:00PM LUNCH 2:00PM REST & RELAX 3:00PM SNACK 4:00PM Outside Stroll 5:00PM DINNER	11 8:00AM BREAKFAST 10:00AM FITNESS 11:00AM 12:00PM LUNCH 2:00PM BE OUR GUEST/ FRANK SINATRA 3:00PM NAIL PAINTING 4:00PM OUTSIDE STROLL 5:00PM DINNER	12 8:00AM BREAKFAST 9:00AM SERVICE WITH PASTOR ANDY 10:00AM STRETCH FITNESS 11:00AM "THE TIME I..." 12:00PM LUNCH 3:00PM SNACK 4:00PM REST & RELAX/OUTSIDE STROLL 5:00PM DINNER	13 8:00AM BREAKFAST 10:30AM TABLE ACTIVITIES 12:00 LUNCH 1:30PM BUILD A PIE 2:30PM OUTSIDE WALKS 3:00PM SNACK 4:00PM MUSIC THERAPY 5:00PM DINNER National Mother's Day	14 8:00am Breakfast 10:00am Outside Stroll 11:00am Pamper Day 12:00pm Lunch 1:00pm Rest and Relax 3:30pm HAPPY HOUR WITH SALLY 5:00pm Dinner		
15 9:00AM CHURCH SERVICE ON YOUTUBE OR IN PERSON	16 8:00AM BREAKFAST/CHAT 10:30AM TABLE ACTIVITIES 12:00PM LUNCH 2:00PM SNACK 2:30PM OUTSIDE WALKS 3:45PM MUSIC THERAPY 5:00PM DINNER	17 8:00AM BREAKFAST 10:00AM STRETCH FITNESS 11:00AM FINISH THAT PHRASE 12:00PM LUNCH 3:00PM OUTSIDE STROLL 4:00PM BE OUR GUEST/ Ella Fitzgerald 5:00PM DINNER	18 8:00AM BREAKFAST 10:00AM FITNESS 10:30AM Pictionary 12:00PM LUNCH 2:00PM BIRTHDAY FIESTA :) 3:00PM NAIL PAINTING 4:00PM STRETCH FITNESS 5:00PM DINNER	19 8:00AM BREAKFAST 9:00AM SERVICE WITH PASTOR ANDY 10:00AM STRETCH FITNESS 11:00 CHITCHAT 12:00PM LUNCH 2:00PM SNACK / OUTSIDE WALK 3:00PM ARMCHAIR TRAVEL 5:00PM DINNER	20 8:00 AM Breakfast 10:30 AM Table Activities 11:00 STRETCH 12:00 PM Lunch 2:00 PM Snack 2:30 PM Ball Toss 4:00 PM Music Therapy 5:00 PM Dinner	21 8:00am Breakfast 10:00am Outside Stroll 11:00am Pamper Day 12:00pm Lunch 1:00pm Rest and Relax 3:30pm HAPPY HOUR WITH ANN SICO 5:00pm Dinner Armed Forces Day		
22 9:00AM CHURCH SERVICE ON YOUTUBE OR IN PERSON	23 8:00AM BREAKFAST 10:00AM STRETCH 10:30AM PUZZLED 12:00PM LUNCH 2:00PM SNACK 2:30PM OUTSIDE WALKS 3:45PM SING A LONG 5:00PM DINNER	24 8:00AM BREAKFAST 10:00AM STRETCH FITNESS 11:00AM MORNING CHIT CHAT 12:00PM LUNCH 1:00PM REST AND RELAX 2:00PM PET SWEETHEART 3:00PM BALL TOSS 5:00PM DINNER	25 8:00AM BREAKFAST 9:00AM MORNING CHIT CHAT 10:00AM FITNESS 11:00AM PUZZLED 12:00 LUNCH 1:00PM MOVIE DAY 3:00PM SNACK 5:00PM DINNER	26 8:00AM BREAKFAST 9:00AM SERVICE WITH PASTOR ANDY 10:00AM STRETCH FITNESS 11:00AM WHATS MY LINE... 12:00PM LUNCH 1:00PM NAIL PAINTING 2:00PM SNACK 3:00PM OUTSIDE STROLL 5:00PM DINNER	27 8:00AM BREAKFAST 10:00AM FITNESS 10:30AM Pictionary 12:00PM LUNCH 2:00PM WATERCOLORS/SNACK 3:00PM NAIL PAINTING 4:00PM OUTSIDE WALKING 5:00PM DINNER	28 8:00am Breakfast 10:00am Outside Stroll 11:00am Pamper Day 12:00pm Lunch 1:00pm Rest and Relax 3:30PM HAPPY HOUR WITH John R. 5:00pm Dinner		
29 9:00AM CHURCH SERVICE ON YOUTUBE OR IN PERSON	30 8:00AM BREAKFAST/ CHIT 11:00am MEMORIAL DAY CEREMONY 12:00PM BBQ DAY/PICNIC 2:00PM SNACK 2:30PM OUTSIDE WALKS 3:00PM MUSIC THERAPY 5:00PM DINNER Memorial Day	31 8:00AM BREAKFAST 10:00AM FITNESS 10:30AM Pictionary 11:00AM CHIT CHAT 12:00PM LUNCH 2:00PM BIRTHDAY FIESTA :) 3:00PM STRETCH FITNESS 5:00PM DINNER	<p>PINK = INTELLECTUAL/COGNITIVE BLUE = FITNESS GREEN = SPIRITUAL RED = EMOTIONAL ORANGE = SOCIAL GRAY = PURPOSEFUL</p>					

May 2022

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